

NAME

DATE

01

Why was it started?
What the problem was, who prescribed it, and roughly when.

02

Is the problem it treated still there?
Some problems resolve. Some were never confirmed. If the reason has gone, why are you still taking it?

03

What has changed in me since?
Weight, fitness, age, kidneys, other illnesses. A dose that was right then may not be right now.

04

Could it be treating another medicine's side effect?
One medicine causes a symptom, a second is added for it, and nobody joins the two up.

MEDICINE AND DOSE	01 STARTED WHEN, BY WHOM, FOR WHAT	02 STILL THERE?	03 WHAT HAS CHANGED	04 SIDE EFFECT OF ANOTHER?	MY QUESTION FOR THE DOCTOR
1					
2					
3					
4					
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